



Dr Shao Zhaoming PhD

Dr Shao Zhaoming is one of Australia's most accomplished figures in Chinese Martial Arts and Traditional Chinese Medicine, with an international reputation as an elite athlete, coach, academic, and medical practitioner.

Dr Shao began training in Chinese Martial Arts at the age of five and, by six, was selected to train under renowned Chinese Grand Masters Zhang Tong and Ma Xian Da. His dedication and exceptional ability led to him becoming a **two-time National Open Champion of China in 1989 and 1990**, and he was later awarded '**Wu Ying**', the highest rank in Kung Fu-Wushu, by the Sports Commission of China. He is the youngest person to be awarded **8th Dan Kung Fu-Wushu**, by the Chinese Wushu Association.

Academically, Dr Shao holds a **PhD in Medicine (Chinese Medicine)** and a **Master of Medicine in Traditional Chinese Medicine (Acupuncture)**, having studied and graduated from both **Beijing University of Traditional Chinese Medicine** and **Beijing University of Physical Education (Beijing Sport University)**. He is the author of *The Study of Therapeutic Massage for Injury*, which is used as a textbook and formal subject at Beijing Sport University. He had also served as a **Guest Professor of Chinese Martial Arts at Xi'an University of Physical Education**.

In recognition of his achievements and expertise, Dr Shao was appointed **Senior Coach of the Tai Chi and Kung Fu-Wushu Team at Beijing Sport University**, China's leading sports institution. He is an **International Wushu/Tai Chi Judge (Grade A)** accredited by the International Wushu Federation (IWUF), is currently serving as **Vice Chair of the IWUF Technical Committee**, and most recently served as **Chief Referee for Sanda at the 17th World Wushu Championships** in Brazil and **Head Judge of the 10th IWUF World Kung Fu Championships** in Emeishan, China, involving over 5,000 athletes from more than 50 countries.

In Australia, Dr Shao has practised Traditional Chinese Medicine for over 30 years and is a long-established Melbourne-based medical practitioner. He is the **Founder of the Tai Chi Kung Fu Institute and Life Chi Medicine**, where his specially designed programs support health, rehabilitation, performance, and competition across all ages and fitness levels. His integrated approach uniquely combines Chinese martial arts with Traditional Chinese Medicine to deliver highly effective training and therapeutic outcomes.

Dr Shao has also served as **Head Coach of the Australian National Wushu and Tai Chi Team**, **Secretary General of the Australian Kungfu (Wushu) Federation**, and is a **Member of the IWUF Technical Committee**. In 2025, he was appointed and elected **President of Kungfu Wushu Australia (KWA)** and is also the incumbent **President of the Oceania Kungfu Wushu Federation**. Under his leadership, Australian athletes continue to achieve medal success at major IWUF international competitions.

Beyond sport and medicine, Dr Shao has appeared in several Kung Fu feature films and was commissioned by international publisher **Hinkler Books** to create a **Tai Chi book and DVD program for beginners**, released in 2009. His combined expertise in elite sport, education, and medicine is widely regarded as unparalleled in Australia, cementing his reputation as one of the most influential figures in international Wushu today.